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| tarcza Hufca | **Związek Harcerstwa Polskiego** **Okręg w Wielkiej Brytanii** **Polish Scouting Association UK Region** ***Nazwa Hufca*** | C:\Users\Anna\Desktop\ANNA\lilijk wzory\Krzyz_Harcerski_Oficjalny.jpg |

|  |  |
| --- | --- |
| **Overnight Event Name:** |  |
| **Overnight Event type:** | Choose an item. |
| **Dates:** | **From:****Until:** |
| **Overnight Event venue:** |  |
| **Overnight Event Leader:** |  |
| **Name of First Aider:** |  |

**Cuts and Wounds**

|  |  |  |  |
| --- | --- | --- | --- |
| **First Aid Articles** | **Amount present at pre-overnight event check** | **What needs to be purchased pre-overnight event**  | **How much left at end of overnight event** |
| Plasters/ Non-adherent adhesive wound dressings Various sizes, hypo-allergenic and waterproof options |  |  |  |
| Bandages (various sizes and amounts): Conforming Bandages (7.5cm x 4.5m)Triangular calico bandage (90c, x 127cm) Open woven bandage (7.5cm x 5m) |  |  |  |
| Tubigrip (elastic tubular bandages)Various sizes: C, D, E |  |  |  |
| Hypo-allergenic tape |  |  |  |
| Sterile gauze |  |  |  |
| Sterile dressingsVarious sizes |  |  |  |
| Sterile Eye Pad dressings |  |  |  |
| Sterile Finger dressings (3.5cm x 3.5cm) |  |  |  |
| Cleansing wipes(Alcohol Free Cleansing Wipe) |  |  |  |
| Normal Saline (10mls. plastic pods) |  |  |  |
| Cold/Freeze sprayCold/hot compress |  |  |  |

**Other:**

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| **First Aid Articles** | **Amount present at pre-overnight event check** | **What needs to be purchased pre-overnight event**  | **How much left at end of overnight event** |
| Hand Sanitiser |  |  |  |
| Single use nitrile gloves (pairs) with no powder |  |  |  |
| Single use plastic aprons |  |  |  |
| Single use masks |  |  |  |
| Lateral Flow Test Kits – (sufficient for all participants and length of Overnight Event) |  |  |  |
| Scissors |  |  |  |
| Sanitary towels |  |  |  |
| Matches  |  |  |  |
| Face Shield (Resus) - “Revive-Aid” |  |  |  |
| Thermometer |  |  |  |
| Tweezers |  |  |  |
| Tick removal tool |  |  |  |
| Heat retaining foil blankets |  |  |  |

**Standard Medication to which Parents give consent on Medical Card**

 1.General:

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| --- | --- | --- | --- |
| **First Aid Medications** | **Amount present at pre-overnight event check** | **What needs to be purchased pre-overnight event**  | **How much left at end of overnight event** |
| Paracetamol/Calpol (age below 12) |  |  |  |
| Ibuprofen (only for those above 12 years old)  |  |  |  |
| Stugeron |  |  |  |
| Dioralyte |  |  |  |
| Imodium |  |  |  |
| Arnica Cream |  |  |  |

2. Allergic reactions

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| --- | --- | --- | --- |
| **First Aid Medication** | **Amount present at pre-overnight event check** | **What needs to be purchased pre-overnight event**  | **How much left at end of overnight event** |
| Antihistamine (Claritin/Loratadine) |  |  |  |
| Anthisan Cream |  |  |  |

**Catering First Aid Kit:**

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| --- | --- | --- | --- |
| **First Aid Articles** | **Amount present at pre-overnight event check** | **What needs to be purchased pre-overnight event**  | **How much left at end of overnight event** |
| Hand Sanitiser |  |  |  |
| Single use nitrile gloves (pairs) |  |  |  |
| Burn dressings (10cm x 10cm) - “Burnshield” |  |  |  |
| Plasters – blue Various sizes, hypo-allergenic and waterproof options |  |  |  |
| Conforming bandages |  |  |  |
| Scissors |  |  |  |
| Face Shield (Resus) - “Revive-Aid” |  |  |  |

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 **First Aider Signature and date Overnight event Leader signature and date**