

The Polish Scouting Association (UK Region) (PSA UK Region) Board of Trustees continue to monitor the UK Government guidelines relating to CoViD-19 pandemic restrictions. Based on government guidelines and following advice from the National Youth Agency and YouthLink Scotland the following readiness levels apply **until further notice** and in all cases units must:

- Have Covid compliant Risk Assessments for normal weekly activities (BOTH outdoor and indoor)
- Have Covid compliant Risk Assessments for residential activities
- Maintain robust hygiene measures incl. hand, equipment, surface and venue (where applicable) cleaning
- Face coverings to be worn where appropriate and/or required
- Social distancing is maintained where good ventilation is not possible
- Remain vigilant, accountable and responsible

Readiness level GREEN from 13 March 2022 – all age groups	Readiness level GREEN from 13 March 2022 Level 0 - All age groups
<b>ENGLAND</b> <ul style="list-style-type: none"><li>• Digital programme delivery</li><li>• Group sessions can take place <u>outdoors AND indoors</u>, following government and PSA UK Region guidelines</li><li>• Trips permitted– stay responsible</li><li>• Residential activities – see below</li></ul> <b>How many people can I meet with –</b> <ul style="list-style-type: none"><li>• <b>OUTDOORS</b> no limit on group size but remain responsible.</li><li>• <b>INDOORS:</b> No limit on group size, number limited by size of location and ability to safely manage risk of transmission of Covid-19. Social distancing and face covering is still encouraged when in poorly ventilated spaces.</li><li>• Registered leaders can run more than one meeting per day in the same location subject to appropriate cleaning between sessions.</li></ul> <b>Maintain full attendance records at every meeting.</b>  INTERNATIONAL TRAVEL permitted <b>READ FURTHER INFORMATION BELOW</b>	<b>SCOTLAND</b> <ul style="list-style-type: none"><li>• Digital programme delivery</li><li>• Group sessions can take place <b>OUTDOORS</b> and INDOORS following government guidelines – no limit on group size, number limited by size of location and ability to safely manage risk of transmission of Covid-19.</li><li>• Trips permitted – stay responsible</li><li>• Residential activities - see below</li></ul> Face covering <b>REQUIRED</b> for indoor locations and on public transport by everyone aged 12+. <b>Groups can mix and registered leaders can move from group to group.</b>  <b>Maintain full attendance records at every meeting.</b>  INTERNATIONAL TRAVEL permitted <b>READ FURTHER INFORMATION BELOW</b>

Readiness level GREEN ENGLAND Residential activities – all age groups (except skrzaty) from 13 March 2022	Readiness level GREEN SCOTLAND Residential activities – all age groups (except skrzaty) From 13 March 2022
<p><b>Domestic Residential activities</b> (under canvas or in residential buildings): No limits on numbers including for travel, age groups can be mixed, face covering as per guidelines below.</p> <p><b>Accommodation:</b> multi-occupancy in rooms/tents with no limits on numbers. COVID measures such as Covid risk assessment, good ventilation hygiene and cleaning measures remain in place, even overnight. Responsible social distancing in poorly ventilated places. Lateral flow testing for all persons 11 years and over must take place immediately prior to departure, every 48-72 hours throughout the trip, and on return.</p> <p>Maintain full attendance records throughout residential event.</p> <p><b>INTERNATIONAL TRAVEL</b> Visits abroad can resume. Leaders planning a foreign visit must consult first with the Regional and UK Commissioner and must follow all <a href="#">FCDO travel</a> advice. Covid secure risk assessments must be approved and that trips are safe and accessible. Changing government requirements in both host and home countries must be considered at all stages of planning and during trips. See separate Covid 19 Guidance and regulations for international travel 27 03 2022</p>	<p><b>Domestic Residential activities</b> (under canvas or in residential buildings): <b>Numbers:</b> numbers limited by venue capacity, physical distancing is not required indoor or outdoor.</p> <p><b>Accommodation occupancy:</b> Multi-occupancy in rooms/tents no limit on numbers based on Covid level protection zero at the home local authority. COVID measures such as face coverings, Covid risk assessment, good ventilation, hygiene and cleaning measures remain in place, even overnight. Lateral flow testing for all persons 12 years and over must take place immediately prior to departure, every 48-72 hours throughout the trip, and on return.</p> <p>Maintain full attendance records throughout residential event.</p> <p><b>INTERNATIONAL TRAVEL</b> Visits abroad can resume. Leaders planning a foreign visit must consult first with the Regional and UK Commissioner and must follow all <a href="#">FCDO travel</a> advice. Covid secure risk assessments must be approved and that trips are safe and accessible. Changing government requirements in both host and home countries must be considered at all stages of planning and during trips. See separate Covid 19 Guidance and regulations for international travel 27 03 2022</p>

**\* Additional current information**

- It is important to remember that **we are still in the middle of a pandemic**, we have a duty of care to remain responsible and accountable by following government and PSA UK Region recommendations.
- Additional information for residential and international activities is provided separately.
- Return to face to face meetings according to the above conditions when you as the leader and your group feel comfortable.
- **Trips** are permitted, - remain responsible, ensure recommended hygiene compliance. Stay safe.
- **Keep record** with contact details of all participants at every meeting for 21 days.
- Units which have not started any face to face meetings: Circulate a 'return to face to face activities from Lockdown 3' **letter to parents** and carers outlining the conditions for attendance and ensure you obtain written permission for attendance and acceptance of the conditions for each participant. This permission is additional to permission received for any activities last year. See sample letters on website.
- **Face coverings:**
  - **Scotland:** face covering **remains as per** government guidelines, (mandatory 12 years+, highly recommended for all ages)
  - **England:** face coverings are no longer compulsory or required by law but we recommend activities are carefully considered and practice should remain Covid secure. Facemasks on transport – as per transport providers regulations.

- **Social distancing:**
  - **Scotland:** physical distancing not required but recommended in poorly ventilated places.
  - **England:** social distancing not required but recommended in poorly ventilated places.
- Be responsible – **do not push the boundaries of activities**, adapt popular activities to avoid contact and maintain social distancing.
- **Contact sport** (e.g. Volleyball, dodgeball) is possible with secure hygiene measures within your Risk Assessment (hand and equipment cleaning). Avoid other physical contact games and huddles.
- **For visits:** follow third party venue restrictions and/or requirements.
- Socially distanced **singing** is permitted outdoor and indoor. For indoor singing face coverings must be worn whilst singing by all aged 12+ in Scotland. Maintain large circle. Ensure ventilation. Avoid yells, shouts and volume competitions. No face to face singing. Contact games and songs (e.g.: pląsy, tańce) not recommended but can be programmed in a non contact way.
- **Hugging:** strongly recommended to avoid hugging.
- Be aware of attendees who are clinically vulnerable or clinically extremely vulnerable and prepare your risk assessment accordingly.
- **Revisit your risk assessment.** Activities covered within your risk assessment may not currently be permitted or are now possible. Revisit the risk assessment in accordance to current guidelines and recommendations.

**Transport:** Current government guidelines for Green level permit activities for organised youth groups. You can use any form of transport as long as you do it in a Covid-secure way and you have an approved risk assessment for transport. This can be done by adding your transport risks and mitigations to your indoor/outdoor risk assessment without the need for resubmitting it through the Checker / Approver team. Face coverings must be worn when travelling in accordance to government guidelines and transport providers regulation.

### **Risk assessments**

**All PSA UK Region units must have appropriate Covid secure risk assessments for normal outdoor and/or indoor activities approved by PSA UK Region risk assessment approvers before they can start face to face activities.** Risk assessments approved before 'lock down 3' need to be reassessed by the unit leaders, activities permitted must comply with current Readiness Level, but do not need to be submitted for reapproval by the PSA UK Region approval team unless there are significant changes. Units that do not have a covid secure risk assessment must submit one for approval.

**Overnight stay risk assessments:** separate Covid risk assessments need to be prepared for every overnight stay. Lateral flow test kits can be ordered in advance from your local test centre. To find your local test centre see <https://www.gov.uk/find-covid-19-lateral-flow-test-site>

**For all risk assessments please allow a two week turnaround time from first submission to the Approver Team to final approval.**

It is suggested that the risk assessment (even if prepared in two stages for outdoor and then indoor activities) clearly shows control measures for the two different settings – outdoor and indoor. This can be done within the one document using different colour font for the considerations.

Remember to describe giving examples your control measures (who, how, what, when).

Risk assessments are individual to every unit (każda jednostka) irrespective of whether they have meetings in the same place as other units or (within permitted guidance) join the activities of another unit. They should be the independent thought and commitment of the unit leadership team. For those less experienced in preparing risk assessments support in understanding and developing the independent thought should be given by the Regional leadership team. The base line for the risk assessment should be the template provided in the COVID-19 document section of the PSA UK Region website.

*'Control measures could include'* are suggestions for control measures. When completing your risk assessment you can consider these, choose those relevant to your unit and add further ones. At this point you need to remove the wording 'control measures could include' as you should be stating your decisions.

If you feel your local situation cannot be managed in a safe way, you should not re-open until you have put sufficient measures in place.

**Deciding on whether to restart face to face meetings.**

Once a covid secure risk assessment has been approved a unit can return to face to face meetings. However, no one should feel compelled to return to face to face activities if they are not ready to do so. Re-open slowly. Run pilot sessions. Check that you are able to run meetings safely.

The Board of Trustees of PSA UK Region will continue to monitor the UK Government guidelines relating to Covid-19 restrictions.